## **Sanford Laboratories**

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## Collection of Stool Specimen for *H. pylori*

Proper collection procedures must be followed to ensure an adequate specimen.

Note: The patient should not have taken antimicrobials, bismuth or proton pump inhibitors within two weeks of the test.

Interfering Substances: The following substances that may be present in human stool, **do not** interfere with positive or negative test results at the concentrations: TUMS (10 mg), Mylanta (0.84 mg), Pepto Bismol (0.35 mg), Tagamet (1 mg), and Prilosec OTC (1 mg).

## Instructions

- 1. Put a collection hat over the toilet bowl. Lower the seat and pass the stool into the hat.
- 2. Transfer the stool specimen into the container provided by your doctor or laboratory.
- 3. Label the container with your full legal name, date of birth, collection date and time.
- 4. Return the specimen to the laboratory or Patient Service Center.
- 5. If you are unable to return the specimen promptly, keep the specimen refrigerated and return to the laboratory as soon as possible but within 24 hours.