

Pinworm Specimen Collection Instructions

Pinworm Collection Kit



The best time to collect the specimen is right when you wake up. It also needs to be collected before starting any medication.

Until you collect the specimen, **do not**:

- Shower or bathe
- Have a bowel movement
- Wipe or clean the rectal area
- Apply ointment to the skin in the rectal area

How to Collect the Specimen:

1. Label the pinworm collection container with the patient's name and date of birth.
2. Hold the paddle by the cap and remove it from the container. The paddle has one **sticky side** (marked ADH) for the pinworm to stick to. Do not touch the sticky side.
3. Separate the buttocks and using moderate pressure, press the sticky side of the pinworm collection paddle against the skin around the rectum 4 times.
4. Insert the paddle into the pinworm collection container and tighten the lid.
5. Wash hands after collecting.
6. Label the specimen with the date and time of collection.
7. Return the specimen to the lab as soon as possible. Leave the specimen at room temperature. Do not put in the fridge or freezer.